

Baseball/Softball, OSSAA Rule 16, Section 5, June 2016

Start Date: Fast-Pitch and Fall Baseball: July 15;

Slow-Pitch and Spring Baseball: December 1

Stop Date: Fast-Pitch, Fall Baseball, Slow-Pitch, and Spring Baseball:

Scheduled date of state championship game in your classification

Rule Effective Date: This portion of Rule 16 went in to effect on April 29, 2016 when the membership approved the rule by vote and the referendum carried an emergency implementation condition.

- 1. What is the definition of “organized practice?”** Organized practice is defined as school or school personnel directly or indirectly giving individual or team **sport specific instruction** concerning the fundamentals of a particular sport.
- 2. When is the restricted practice time during the school year?** Restricted practice would be from the End of Season to the last day of school and during the school year prior to the Start Date. During those periods of restricted practice time, **if an athletic hour is offered during the school day**, then a team may practice during that athletic period. **If an athletic period is not offered during the school day**, then practice may be held immediately following the school day for no more than one hour per day.
- 3. What is the definition of a “summer-time school team?”** A summer team is a “school team” when the team is affiliated with the school in any of the following ways: school transportation is used, school uniforms are used, school funds are used, or school equipment is used. **School personnel may coach a “school team.”** A “school team” **CANNOT** have organized practice.
- 4. What is the definition of a “summer-time non-school team?”** A summer team is a “non-school” team when none of the following criteria are met: no school transportation is used, no school uniforms are used, no school funds are used, no school equipment is used. **School personnel may coach a “non-school team.”** A “non-school team” **CAN** have organized practice.
- 5. Is there a limit to the number of Summer League games a school team can play?** No, there is not a limit.
- 6. Are tryouts considered organized practice?** No, as long as there is no individual or team instruction given concerning the fundamentals of the sport.
- 7. Is “Summer Pride Conditioning” considered practice?** Conditioning is not considered practice if no sport-specific skills are performed.
- 8. Can a coach give private one-on-one lessons?** Yes, one-on-one coaching lessons would not be a violation.
- 9. Can students still use school facilities (batting/pitching cages) prior to start date?** Students can use school facilities (and school personnel/coaches may be present at the school facility in a supervisory role) but no instruction may be given by a coach/school personnel.

**FAST-PITCH SOFTBALL
ORGANIZED PRACTICE GRAPH**

↑ **UNRESTRICTED PRACTICE**
PRACTICE START DATE
JULY 15, 2016

↑ **PRACTICE LIMITED TO ONE HOUR PER DAY**
END DATE
FP-CLASS B-3A OCT. 8
FP-CLASS 4A-6A OCT. 15

↑ **NO PRACTICE PERMITTED**
END OF SCHOOL

**SLOW-PITCH SOFTBALL
ORGANIZED PRACTICE GRAPH**

↑ **PRACTICE LIMITED TO ONE HOUR PER DAY**
BEGINNING OF SHOOOL

↑ **UNRESTRICTED PRACTICE**
PRACTICE START DATE
DECEMBER 1, 2016

↑ **PRACTICE LIMITED TO ONE HOUR PER DAY**
END DATE
SP-CLASS A-3A MAY 2
SP-CLASS 4A-6A MAY 3

↑ **NO PRACTICE PERMITTED**
END OF SCHOOL

**BASEBALL
ORGANIZED PRACTICE GRAPH**

↑ **UNRESTRICITED PRACTICE**
PRACTICE START DATE
JULY 15, 2016
FALL BASEBALL PLAYING SCHOOLS

↑ **PRACTICE LIMITED TO ONE HOUR PER DAY**
END DATE
OCT. 8

↑ **UNRESTRICTED PRACTICE**
PRACTICE START DATE
DECEMBER 1, 2016
SPRING BASEBALL

↑ **PRACTICE LIMITED TO ONE HOUR PER DAY**
END DATE
BB-CLASS A-B MAY 6
BB-CLASS 2A-6A MAY 13

↑ **NO PRACTICE PERMITTED**
END OF SCHOOL