

ENROLLMENT APPLICATION FOR WRESTLING ASSESSOR

This enrollment is good for the 2023-2024 school year

Name _____ Date _____

Mailing Address _____ City _____ Zip _____

Phone: Home (_____) _____ Work (_____) _____ Cell (_____) _____

Email address _____ DOB _____

Fax number _____ Occupation _____

Beginning with the 2009-10 wrestling season, all assessors who were certified last year will NOT have to attend a training workshop for this year. Complete the enrollment application, pay your fee to be certified, and enroll prior to January 6, 2024. As long as you remain certified each year, you will not have to attend an assessor training workshop. If at any time you do not participate for a year(s) and then decide you want to become an assessor again, you will have to attend a training workshop.

Information for first year assessors is below.

Persons eligible to be trained as an OSSAA approved assessor must have a medical background and be a licensed medical professional (licensed nurse, nurse practitioner, certified athletic trainer, physician, physician's assistant, physical therapist, emergency medical technician, paramedic, certified dietician, certified personal trainer).

I am a licensed or certified _____.

The wrestling assessor training workshop will consist of a three part "hands on" training session. These consist of assessing body fat composition from high school wrestlers, performing hydration testing, and data input into the online NWCA Optimal Performance Calculator program.

All applicants must bring with them to the training workshop a Lange Skinfold Caliper. You may purchase the Lange Skinfold Caliper from any medical supplier.

All assessors must purchase Hydra Trend test strips to perform hydration testing. A sample test strip will be issued to each applicant at the workshop. The test strips need to be purchased prior to an assessor going to a school site to assess a wrestling team. Joe Waldron is selling a box of 50 Hydra Trend test strips at a discounted price of \$22.00. His address is 6432 Winchester Dr., OKC, OK 73162 and the phone number is 405-317-1655. He will also be selling the Hydra Trend test strips at each training workshop.

Check if applicable:

_____ I will be purchasing a box of 50 Hydra Trend test strips at the training workshop.

The assessors training workshop will be set up through Joe Waldron. Please contact him at joewaldron@hotmail.com or at (405) 317-1655. Please contact him by September 15, 2023 so he can set a date in late September that will work for new assessors.

Check the following for assessors wishing to re-enroll:

- _____ I am a certified assessor from last year and wish to re-enroll.
Send enrollment form to Joe Waldron (address listed below) and must be received by January 6, 2024.
- _____ I will need a receipt returned to me.
- _____ I wish to purchase a box of 50 Hydra Trend test strips and have included the cost (\$22.00) with my enrollment fee.

Assessors re-enrolling will receive a packet of information after their enrollment form has been processed by Joe Waldron. Your Assessor ID and Password will be the same as last year.

Cost is \$10.00 for re-certification and \$20.00 for the new assessor workshop. Make checks payable to **Joe Waldron**. **Purchase orders will not be accepted.** The application fee must accompany the application form. Each workshop will be closed after the enrollment of the first thirty applicants. All applications for the workshop must be received by Joe Waldron at least one week prior to the workshop. His address and phone number are 6432 Winchester Dr., OKC, OK 73162, 405-317-1655.

Are you registered with the Oklahoma Sex Offenders Registration Act?

Yes _____ No _____

Applicant's Signature _____