

CROSS COUNTRY REGIONAL ASSIGNMENTS

Saturday, October 21, 2023 (Classes 5A & 6A)

Regional meet schedules – Coaches meeting will be held one hour before the start of each regional meet.

Mustang – Wildhorse Park
1201 N Mustang Road, Mustang OK
Greg Osborne and Mike McGarry – Mustang

Owasso – O'Brien Park
6149 N Lewis Avenue, Tulsa OK
Blake Collins - Owasso

9:00 a.m. – 6A Girls
9:45 a.m. – 6A Boys
11:00 p.m. – 5A Girls
11:45 p.m. – 5A Boys

9:00 a.m. – 6A Girls
9:45 a.m. – 6A Boys
11:00 p.m. – 5A Girls
11:45 p.m. – 5A Boys

Class 5A	Class 6A
Altus	Capitol Hill
Ardmore	Deer Creek (Edmond)
Bishop McGuinness	Edmond Memorial
Blanchard	Edmond Santa Fe
Classen SAS	Eisenhower
Del City	Lawton
Duncan	Mustang
Durant	Norman
El Reno	Norman North
Elgin	Northwest Classen
Guthrie	Piedmont
Guymon	Putnam City
John Marshall	Putnam City West
MacArthur	Southmoore
Midwest City	US Grant
Newcastle	Yukon
Noble	
Santa Fe South	
Southeast	
Western Heights	

Class 5A	Class 6A
Booker T Washington	Bartlesville
Carl Albert	Bishop Kelley
Claremore	Bixby
Collinsville	Broken Arrow
Coweta	Choctaw
East Central	Edmond North
Edison Prep	Enid
Glenpool	Jenks
Grove	Moore
Lincoln Christian	Owasso
McAlester	Ponca City
Muskogee	Putnam City North
Nathan Hale	Sand Springs
OK Christian School	Stillwater
Pryor	Union
Sapulpa	Westmoore
Shawnee	
Tahlequah	
Will Rogers	

REGIONAL AND STATE APPAREL CAN BE FOUND @ [Fine Designs - Official Event Apparel \(ossaastore.com\)](https://www.ossaastore.com).

COACHES MUST REGISTER & VERIFY YOUR RUNNERS ON ENDURO ASAP!!!!

STATE MEET SCHEDULE

State Meet – October 28th

Edmond Santa Fe High School; Kent Douglas, Edmond North

State Meet Schedules – Coaches meetings will be held under the home bleachers.

STATE MEET SCHEDULE

8:00 a.m. – 6A Coaches Meeting

8:30 a.m. – 6A Girls 5K

9:15 a.m. – 6A Boys 5K

9:45 a.m. - 5A Coaches Meeting

10:15 a.m. – 5A Girls 5K

11:00 a.m. – 5A Boys 5K

AWARDS ASSEMBLIES

Class 6A – 10:00 a.m.

Class 5A – 11:45 p.m.

Academic Achievement Award Applications

The Academic Achievement Award application is due no later than **October 23rd** for classes 5A and 6A. You will find the online application on our website under sports and then cross country.

Ticket Prices (ENCOURAGE YOUR FANS TO BUY ONLINE TICKETS BEFORE THEY GET TO THE VENUE)

Regionals - \$7.00 + Fee for Online or \$10.00 Cash Ticket

State - \$10.00 + Fee for Online or \$13.00 Cash Ticket

The link for the Regional and State Cross Country Meet online tickets can be found on the home page of www.ossaa.com.

2023 Cross Country State Tournament Programs - The 2023 State tournament program information should include a 300 dpi picture and a roster of your team or individual qualifier. Please email that to rod.coulter@vype.com There is no charge to be included in the program. Please submit your program picture and roster by Wednesday, October 25.

Any group wishing to video live stream and/or televise an OSSAA playoff contest, regardless of length or where it is shown, must fill out the 2023-24 Video Live Streaming Agreement form found on the OSSAA website under the MEDIA tab and send it in for approval at least four (4) days prior to the event. Failure to fill out the form for approval will result in being charged the full amount plus \$100 the first round of the playoffs, the full amount plus \$200 for the second round of the playoffs, the full amount plus \$300 for the third round of the playoffs, etc. NFHS Network schools must fill the form out, but they will NOT be charged to video live stream. Please e-mail all requests to vsiven@ossaa.com. A link with all approved video live streams will be posted on the OSSAA website at least 24 hours before the contests take place.