



October 27, 2023

Memorandum

To: OSSAA Wrestling Schools

From: Wes Ruth, Assistant Director,

Re: Girls Wrestling

Growth and Transition of Girls Wrestling: The OSSAA has continued for multiple years to implement a transition period that has allowed girls the option of participating on either the boy's team or the girl's team during the regular season. Girl's wrestling has continued to see significant growth over those years, and the OSSAA office believes that this is an appropriate time to separate Girls' competition from Boys' competition. We also believe that this will increase the significant growth that is already happening in Girl's wrestling.

Beginning in the 2023-24 Wrestling Season, Girls may not compete in the Boys Division in both Middle School and High School Wrestling at all OSSAA Sanctioned events.

Exception: The Girls may compete in the Boys division for District Duals and Dual State ONLY.

Rationale: We do not offer a Girls Dual Championship series currently for the Girls division. Therefore, we believe it fair and equitable to allow Girls to participate in these events alongside the Boys if allowed by the school district. Contest limits will be counted for the Boy's events and the Girl's events in which they compete, and not to exceed 26 points before the regional tournament.

Girls competing in wrestling must represent their school as an individual or they may be on a school team. Girls' practices may be held separately from boys, or a combined team practice that includes both boys and girls may be chosen. How a school organizes practices will be controlled locally. Girls-only regular season events will be considered for seeding purposes at the regional tournament.

Girls must follow all NFHS and OSSAA wrestling rules and policies to be eligible to compete except for weight classes. For girls' tournaments or dual meets, the following weight classes must be used.

Weight Classes:

100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 235.

All High School female wrestlers must be certified prior to the first competition (including opens) via OPC in Trackwrestling.com. Weight descent plans must be followed. All Girls should be entered into the Girls wrestling roster for your school on the Trackwrestling OPC. If you choose to have Girls compete in Boys division for District Duals and/or Dual State, they will need to be moved over manually to the Boys Roster before the event weigh in.

The OSSAA will host two Girls' Regional Qualifiers per class. These qualifiers will take place on Tuesday, February 13. These qualifiers will be separated geographically (*as best as possible*) on the east

and west sides of the state for each class. The top five qualifiers at each weight class will advance to the State Tournament. The State Tournament will be held at the State Fairgrounds in Oklahoma City on Thursday - Saturday, February 22-24. Additional information will be disseminated as necessary throughout the season.

Sincerely,



Wes Ruth

Assistant Director

OSSAA | Volleyball, Wrestling, Soccer

Foreign Exchange



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