

REGIONAL TRACK MEET ORDER OF EVENTS AND APPROXIMATE STARTING TIMES

(Inclement Weather may impact starting times)

A-2A-3A-4A April 29, 2024
5A/6A May 3rd, 2024

Saturday

8:30 Coaches Meeting

9:30 Starting time

FIELD EVENTS

9:30	(A-2A)	(3A-4A)	(5A-6A)	Boys High Jump
9:30	(A-2A)	(3A-4A)	(6A-5A)	Girls Long Jump
9:30	(A-2A)	(3A-4A)	(5A-6A)	Girls Shot Put
9:30	(2A-A)	(4A-3A)	(6A-5A)	Boys Discus
9:30	(A-2A)	(3A-4A)	(5A-6A)	Girls Pole Vault
11:00	(2A-A)	(4A-3A)	(6A-5A)	Girls High Jump
11:00	(2A-A)	(4A-3A)	(6A-5A)	Boys Long Jump
11:00	(A-2A)	(3A-4A)	(5A-6A)	Boys Shot Put
11:00	(2A-A)	(4A-3A)	(6A-5A)	Girls Discus
11:00	(2A-A)	(4A-3A)	(6A-5A)	Boys Pole Vault

9:45 a.m. STARTING TIME for TIMED EVENTS

TIMED FINALS MEET

400 Meter Relay	Girls	Boys
3200 Meter Relay	Girls	Boys
100 Meter Hurdles	33"	Girls
110 Meter Hurdles	39"	Boys
3200 Meter Run	Boys	
800 Meter Relay	Girls	Boys
800 Meter Run	Girls	Boys
100 Meter Dash	Girls	Boys

PROPOSED BREAK

3200 Meter Run	Girls	
400 Meter Dash	Girls	Boys
300 Meter Hurdles	30"	Girls
300 Meter Hurdles	36"	Boys
200 Meter Dash	Girls	Boys
1600 Meter Run	Girls	Boys
1600 Meter Relay	Girls	Boys