

2024 OSSAA

**COMPETITIVE
CHEER STATE
VISITORS GUIDE**

SATURDAY, SEPTEMBER 28, 2024



UNION ATHLETIC DEPARTMENT

UMAC - 6836 SOUTH MINGO ROAD - TULSA



UNION ATHLETICS

25 PROGRAMS
1 TEAM
1 FAMILY

UMAC

6836 South Mingo Road
Tulsa, OK 74133
918-357-7410
www.unionps.org

STATE CHAMPIONSHIPS

Baseball

1979~1989~1990~2005~2006
2010~2018

Athletic Director and Coach,

Girls Basketball 2008

On behalf of Union Public Schools and the Athletic Department, we want to welcome you and your team to the UMAC on Saturday, September 28, 2024 for the OSSAA State Cheer Competition.

Boys Basketball 2004~2012~2014

Girls Cross Country 1976~1977~1978~1979 1980~1981~2005

This packet contains contact information, a facility guide, map of the parking location for your team buses, and other helpful information. We hope this will assist you with your visit.

Boys Cross Country 2007~2008~2010

Football 1963~2002~2004~2005 2008~2009~2010~2011~2016

Tickets may be purchased online via a link on the homepage of OSSAA.com. Paper tickets will NOT be sold for this event. The OSSAA Playoff Pass is the only accepted pass and should be presented with a driver's license.

Girls Golf 2011~2012~2013~2014~2015

Please share this information with your team, parents, coaches, and fans. It is our hope to make your visit here to Union as seamless as possible.

Girls Soccer 2007~2008~2015~2016~2017

Boys Soccer 1995~1998~2005~2007~2018

If you have additional questions or need additional information, please do not hesitate to contact our office at 918-357-7410 or me by email at barkley.emily@unionps.org.

Fast-Pitch Softball 1976~1992~1999~2011

We look forward to having you as our guest.

Slow-Pitch Softball 2010~2013

Sincerely,

Girls Track 2003~2005~2006~2007~2010

Boys Track 2008~2009~2017~2023~2024

Emily Barkley
Athletic Director
Union Public Schools

Boys Tennis 2005~2006~2007~2008

Boys Wrestling 1982~2009 Dual State 2007~2012

Girls Wrestling 2022~2023

Cheerleading 1990~2007~2011~2013

Highteppers 1980 through 2008 2012~2014~2015~2016 2023~2024

Pom 2002~2004~2005~2006~2007 2008~2009~2010~2011~2012 2018~2019~2023~2024



Emily Barkley
Director of Athletics



Joe Redmond
Associate Director
of Athletics



Kirk Fridrich
Head Football Coach
Associate Director of
Athletics



Stephanie Blackwell
Athletic Coordinator



VISITING TEAM INFORMATION Saturday, September 28, 2024

Congratulations to you and your team for qualifying for state! This is a huge accomplishment! Union High School is the site for OSSAA cheerleading state competition, and we are excited to do our part. The competition will be held at the **Union Multipurpose Activity Center (UMAC) located at 6836 S Mingo Rd, Tulsa, OK 74133**. Spectators will enter the doors at the front of the UMAC (See map on next page).

Teams will check in at Union High School through the South Entry doors. A Union representative will be assigned to each team. The Union representative will lead your team to proper stations for stretching, tumbling, and full out. There will be 1 warm up area: High School Gym

After warmups, the team's representative will walk your team to the UMAC, where the teams will get in queue for competition. Once teams have competed, they will exit the performance floor. A Union representative will direct teams to take a seat in the stands upstairs to wait for awards.

Once your team has performed, please be seated in Sections 119, 120 121 or 122. At the end of all performances, awards will be given in the stands. No teams are to be on the competition floor outside of their performance time.

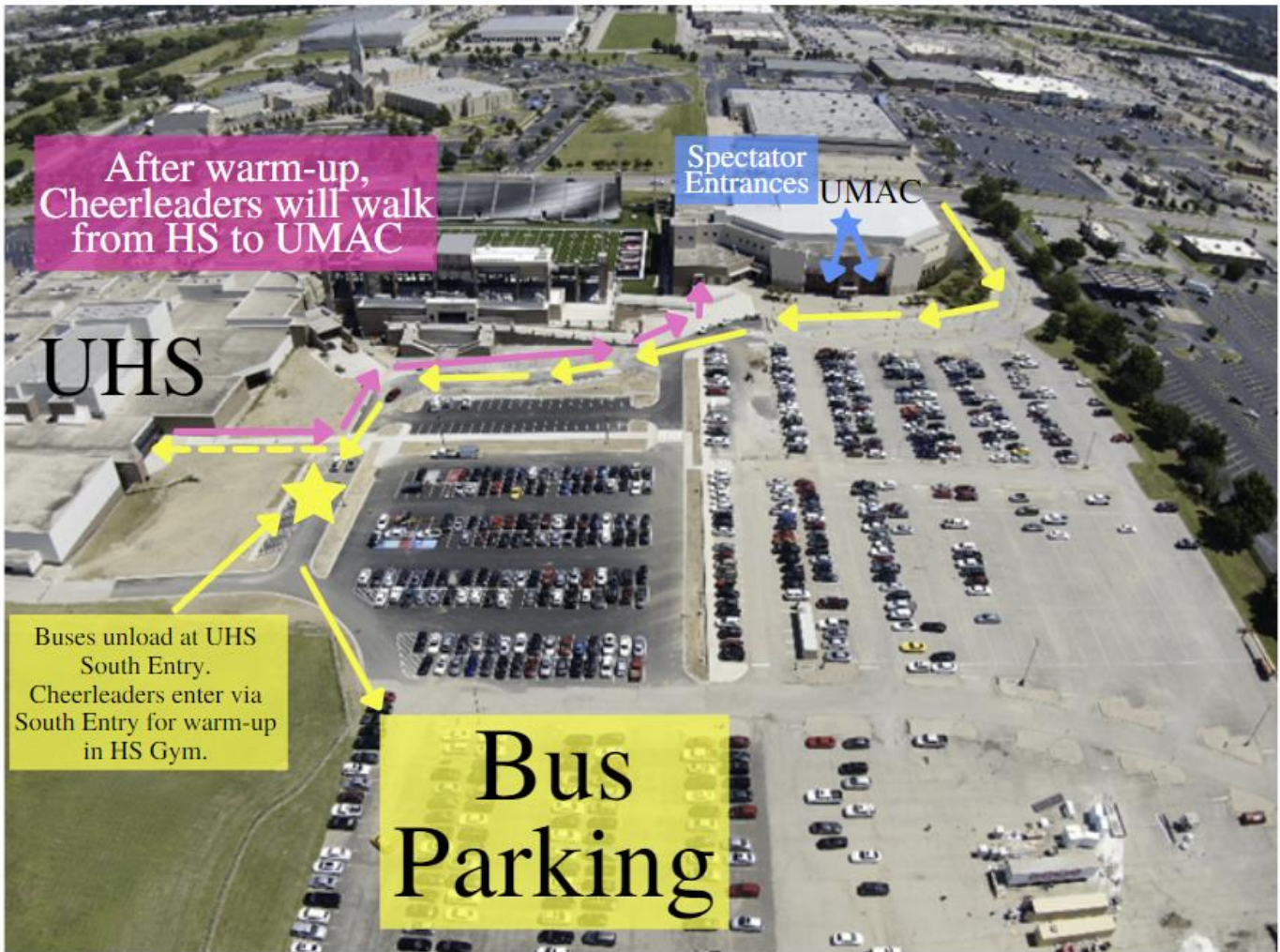


TEAM VEHICLES

Team vehicles should enter the parking lot from Mingo Road between Sam's Club and the UMAC. Follow the curve past the UMAC and unload cheerleaders at the South Entry ramp leading to the high school. Buses should then park in the far west corner of the parking lot.

SPECTATORS

Spectators should enter the UMAC via the doors on the WEST side of the UMAC (see blue arrows on the map below).





UMAC- UNION MULTIPURPOSE ACTIVITY CENTER

GENERAL INFORMATION

VENUE POLICIES

- No outside food or drinks.
- No RE-ENTRY for anyone (students, adults, etc.). Once you leave the arena, you will not be allowed to re-enter.
- Union Public Schools is a Tobacco Free Facility.
- No animals or pets of any kind allowed except for service animals.
- No backpacks allowed for spectators.

HANDICAPPED GUESTS/COMPANION SEATING

- There are designated handicapped/companion seating areas on both the east and west side of the arena.

CONCESSIONS / RESTROOMS

- Concessions and restrooms are available on both levels of the arena.

CODE OF CONDUCT

- Make sportsmanship a priority for students, parents, fans, coaches, and athletes.
- Security and Administration are available for those who cannot display good sportsmanship.

MEDICAL

- AED Units are in the UMAC and on floor with Union's certified athletic trainers.
- Union will have certified athletic trainers available for all teams.
- In the event of an emergency, call 911.



UNION ATHLETICS

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1 TEAM

1 FAMILY

COMPETITION ORDER



UNION ATHLETICS CONTACT INFORMATION

Emily Barkley

Director of Athletics

barkley.emily@unionps.org

918-357-7410

Joe Redmond

Associate Director of Athletics

redmond.joe@unionps.org

Kirk Fridrich

Associate Director of Athletics

Head Football Coach

fridrich.kirk@unionps.org

Stephanie Blackwell

Athletic Coordinator

blackwell.stephnaie@unionps.org

UNION SPORTS MEDICINE CONTACT INFORMATION

Dan Newman

Head Athletic Trainer, ATC

newman.dan@unionps.org

Jacob Newby

Assistant Athletic Trainer, ATC

jsnewby@aook.com

Mackenzie Harmon

Assistant Athletic Trainer, ATC

mgharmon@aook.com

UNION SPIRIT TEAM CONTACT INFORMATION

Taylor Williams

Varsity Cheer Coach

williams.taylor@unionps.org

Brittany Friske

Varsity Pom Coach

friske.brittany@unionps.org

Kristi Posey

Varsity Highsteppers Coach

posey.kristi@unionps.org



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UNION HIGH SCHOOL

Class:	6A-1
Colors:	Red, White, Black, Silver
Founded:	1919
Average Daily Membership (9 th -12 th Grades):	4550.63
Superintendent:	Dr. Kirt Hartzler
Director of Athletics:	Emily Barkley
Athletic Department Address:	UMAC- Athletic Department 6836 South Mingo Road Tulsa, OK 74133
Athletic Department Phone:	918-357-7410
District Website:	www.unionps.org
Athletic Department Twitter:	@Union_Athletics
Sports Offered:	Boys- Baseball, basketball, cross country, football, golf, soccer, swimming, tennis, track, wrestling. Girls- Fast-Pitch softball, slow-pitch softball, basketball, cross country, golf, soccer, swimming, tennis, track, volleyball, wrestling, cheer, pom, dance



UNION ATHLETIC TRAINING Medical Emergency Action Plan

FACILITY: UMAC

YEAR: 2024

ADDRESS: 6836 SOUTH MINGO RD

1. First, to arrive on scene provides initial care.
2. Send for AED. **Locations:**
 - ✓ **Arena, north wall**
 - ✓ **2nd floor west wall**
 - ✓ **On floor during event with Athletic Trainer**
3. Send a coach, manager, or uninjured student-athlete to notify the athletic trainer (ATC) if not on site.
4. If the ATC cannot be located, the head coach will become the leader.

LEADER:

- This person is in charge of the emergency and will instruct others on the emergency team accordingly.

LEADER'S ASSISTANT:

- Will assist the leader in the primary evaluation of the injured athlete.

PHONE CALLER (there should be designated adult to carry a phone):

- Will use the nearest phone to activate EMS
- Information to be communicated to EMS
 - The nature of injury
 - Level of consciousness
 - Age / sex of injured
- Caller will not hang up until EMS operator advises to do so.

PERSON TO MEET EMS:

- Ambulance entrance: **Loading Dock, southeast corner of UMAC**
- Will contact necessary staff to assure full access for ambulance
- Will meet ambulance at the designated entrance and lead to injured athlete

PERSON TO ACCOMPANY ATHLETE TO HOSPITAL:

- Will ride with the athlete in the ambulance in the event the parent / guardian cannot be contacted
- Will have athletes physical and emergency information in hand.

It is the ATC's responsibility to inform Athletic Director of the incident.

It is the ATC's or head coach's responsibility to inform athlete's parent / guardian.

It is the ATC's responsibility to document incident and all actions taken.

Head Athletic Trainer:	Dan Newman	918-852-2066	UMAC
Assistant ATC:	Mackenzie Harmon	918-694-8112	6836 South Mingo Road
Assistant ATC:	Jacob Newby	918-607-1437	Tulsa, OK 74133
Athletic Training Facility:	918-357-7493		
Athletic Department:	918-357-7410	EMS (Fire, Police, and Ambulance):	911



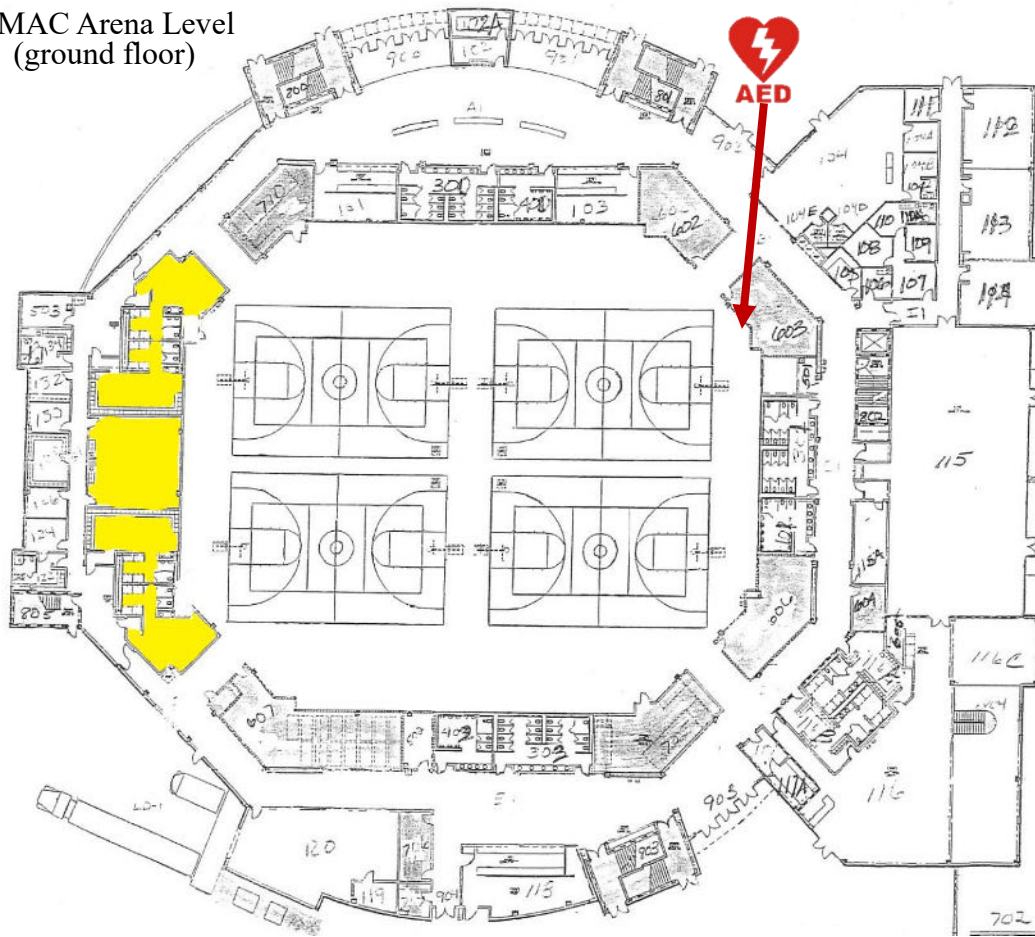
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UMAC Arena Level
(ground floor)



AED Locations:

- Arena Level-northwest wall inside arena
- Concourse Level-west wall near concession stand

Ambulance enter via loading dock, southeast corner

Tornado Shelter in highlighted areas

UMAC Field Level

