

2025-2026 OSSAA GIRLS REGIONAL WRESTLING VERIFICATION FORM

		DATE AND SITE OF WEIGH-INS (List tournament weigh-ins separately on this form)																								
WRESTLERS	Weight Classification	LIST THE WEIGHT CLASSIFICATION IN THE BOX IN WHICH THE WRESTLER ACTUALLY WEIGHED-IN																								Certification Weight
	100																									
	105																									
	110																									
	115																									
	120																									
	125																									
	130																									
	135																									
	140																									
	145																									
	155																									
	170																									
	190																									
	235																									

SCHOOL _____

CLASS _____

DATE _____

COACH'S SIGNATURE _____

PRINCIPAL'S SIGNATURE _____

This form must be signed by both the coach and principal and given to the regional tournament manager at the seeding meeting. Inaccurate information could cause a student to be ineligible for the regional wrestling tournament.

ANY SCHOOL FAILING TO PROVIDE THE REGIONAL VERIFICATION FORM AND ALPHA MASTER FORM TO THE TOURNAMENT MANAGER UPON ARRIVAL AT THE SITE FOR THE SEEDING MEETING SHALL NOT BE ALLOWED TO PARTICIPATE IN THE REGIONAL TOURNAMENT.