

TENNIS



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2026 TENNIS DATES TO REMEMBER

March 1	Season Opens
August 15	Entry Forms Due (entry forms can be found on OSSAARankings.com)
September 1	Fall Season Opens
October 31	Fall Season Closes
April 19	Regional Assignment Meeting 11:00 A.M.
April 24	Regional Tournament Assignments Released
May 4	Girls' Regional Tournament
May 4	Girls' Application for Academic Achievement Awards Due
May 7	Open Seeding Meeting for Girls' State Tournament
May 8-9	Girls' State Tournament
May 11	Boys' Regional Tournaments
May 11	Boys' Application for Academic Achievement Awards Due
May 14	Open Seeding Meeting for Boys' State Tournament
May 15-16	Boys' State Tournament

Rules Meeting
2026 State Tennis Rules Meetings

The face-to-face Rules meeting will be held at the OTCA Winter Clinic (date, time and location announced in November on www.okhighschooltennis.com)

If you are re unable to attend the face-to-face meeting a recorded version will be posted to the tennis page of OSSAA.com after the OTCA clinic. You must complete the on-line meeting by March 1. The link to the meeting will be posted to the Tennis page of OSSAA.com by January 30.

State Rules meetings are mandatory for head coaches and must be completed by March 1. Failure to comply will result in the suspension of the head coach from all interscholastic competition until the coach is in compliance.

EDUCATION-BASED ACTIVITY PROGRAMS

The National Federation of State High School Associations and the Oklahoma Secondary School Activities Association recognize the numerous potential benefits of participation by students in education-based activities. While education-based activities may differ between the stakeholder groups, all should be centered on optimizing the student's scholastic activity experience. Students will change, develop and expand abilities over time; coaches, administrators and parents should not only be cognizant of the fluid process, but also foster a safe, positive environment in which development can occur. Education-based activities must always be viewed as an evolving and unpredictable path.

The NFHS and the OSSAA recognize the influential role played by coaches and directors in all activities, and therefore emphasis should be placed on those individuals to instill and reinforce fundamentals and best practices, not only to minimize risk but also to promote an environment in which a student has the opportunity to reach his or her full potential. The common goal for all the stakeholders involved with education-based activities should be to make the experience enjoyable and rewarding for the all.

While our position is not intended to squelch dreams of achieving a college scholarship or professional or Olympic glory, we do place emphasis on the student's entire scholastic activity experience with the goals of enhancing participation, reducing injury risk, and optimizing performance and success (however defined) during the student's high school career. The ultimate goal; Producing an individual who is competent, confident, connected to his or her peer group and community, and of high character. This essential principle is at the core of the scholastic activity experience and is fundamental to the mission.

DIVERSITY, EQUITY AND INCLUSION (DEI)

Promoting education and the understanding of groups that have social and cultural differences is an integral part of education-based activities. Every student participating in activities at an OSSAA member school is entitled to participate in a safe school environment that is free from bias. Any form of bias (including demeaning comments, racial, ethnic, or homophobic slurs) based on social or cultural differences will not be tolerated

SPORTSMANSHIP RESPONSIBILITIES

Ensuring good sportsmanship at OSSAA member schools requires the responsibilities of different groups be coordinated and carried out at each contest involving secondary level students.

1. **School Administration:** The responsibility for fan behavior resides with the participating school administrations from each participating school (combined with the host site security in neutral site contests). School administration must provide adequate supervision at the venue. Negative behavior targeting participants or officials must not be tolerated. Removal of non-compliant fans shall be managed by the administrative team. A report detailing the circumstances must be sent to the OSSAA anytime a fan is removed from a contest.
2. **Coaches:** Head coaches must communicate expectations for fan/parent, and player behavior. Communications should include consequences for unruly fan/parent or player behavior and be shared with each player and the player's parent/guardian.
3. **Officials:** Officials shall, upon arrival at the contest, meet with on-site administration to ensure lines of communication are open and officials know where to find school administration should a problem arise outside the playing area. Under no circumstances should an official directly remove a person outside the playing area from the venue. The administrative team or designee will be responsible for removal of any fan.
4. **Participants:** Participants experiencing inappropriate behavior from other participants and/or non-participants during the contest must communicate those issues directly to their coaching staff to ensure identifiable issues are addressed by the administrative teams.

NOTE: ALL NEW RULES, REGULATIONS, AND POLICIES ARE UNDERLINED.

I. CLASSIFICATION

Class 6A will consist of the first 32 schools on the ADM sheet.

Class 5A will consist of the next 32 tennis playing schools.

Class 4A all remaining playing tennis playing schools.

The USTA Friend of Court playing Rules will be used by the OSSAA.

II. SEASON

A. FALL SEASON

From September 1 until October 31 varsity teams may play up to 4 contests. All contests will count toward the season limitation of 14 and all matches will count toward seeding for post season play. Practice is permitted from September 1 to October 31, no scrimmages are permitted during the fall season. Pro-8 scoring is not permitted, all events with more than 2 teams participating must be sanctioned.

B. SPRING SEASON

Organized practice for Tennis may begin no earlier than December 1 for the spring season or September 1 to October 31 for teams participating in the fall season. Organized practice is defined as school or anticipated school personnel directly or indirectly giving individual or team instruction concerning the fundamentals of a particular sport.

From the close of the season for tennis to the start date of December 1 for the spring season, or September 1 to October 31 for the fall season, no organized practice in that sport may take place. However, certified school coaching personnel for that sport are permitted to provide instruction in that sport in a physical education class during the regular school day.

If a member school does not schedule a physical education class during the regular school day, then an additional period may be scheduled immediately after the close of the regular school day, not to exceed one hour for the purpose of conducting a physical education class, and instruction in a particular sport may be provided by certified school coaching personnel to students during that additional one-hour period.

Time spent transporting student participants to an off-site facility or from one school site to another for the purpose of providing instruction in a particular sport during a physical education class or during the one-hour period immediately following the school day shall not be counted toward the time allowed for off-season instruction. The practice period shall begin immediately upon the arrival of the athletes.

- C. OSSAA sanctioned tournaments and matches may begin March 1 for the spring season, or from September 1 to October 31 for the fall season.

- D. Each team is allowed three scrimmages between December 1 and March 1. Anytime there is participation against a school team that consists of any player(s) not currently enrolled in your school will be considered a scrimmage. There will be no loss of instructional time for scrimmages. No team shall be allowed to scrimmage in Tennis after March 1. Scrimmages cannot be used for seeding information and will not count against the number of matches allowed.

- E. State Rules Meetings for all sports will be mandatory for each Head Coach. Proof that you have completed the on-line rules meeting must be submitted to the OSSAA. All head coaches of spring activities must complete their state rules meeting by March 1st. The penalty for failure to attend a state rules meeting or complete the online rules meeting and proper documentation submitted to the OSSAA office by the prescribed deadlines, will result in the school suspending the head coach for all interscholastic competition until the coach is in compliance and proper documentation has been submitted and verified by the OSSAA.

III. CONTEST LIMITS AND PARTICIPATION

- A. High school teams and/or individuals are allowed fourteen (14) matches. A tournament is considered to be one match.
- B. Junior high school teams and/or individuals are allowed eight (8) matches. A tournament is considered to be one match.
- C. A ninth-grade student may play fourteen (14) matches if he/she participates with the high school team. This can be totally with the high school team or a combination of junior high and high school matches. If a ninth-grade student plays with the junior high team only, he/she is limited to eight (8) matches.
- D. Students are limited to no more than two matches weekly where there would be loss of instructional time. This includes travel time. A student is limited to no more than 7 days per season of loss of instructional time.

IV. VIOLATIONS OF CONSTITUTION, RULES, REGULATIONS OR OSSAA POLICIES

Violation of contest limits (teams and/or individuals)

Generally, if the contest, meet, or tournament limits for a particular activity have been exceeded, by either a school team or by individual participants from a school, the following sanctions will be applied:

- a. The contest(s) that exceed the limits must be forfeited.
- b. The head coach in that activity shall be suspended from coaching in any regular season contests, at the same level, in the same activity, for the remainder of the current regular season and any championship play-off events for that school year.
- c. The head coach in that activity may also be suspended from coaching any regular season contests, at the same level, in the same activity, in the subsequent season for that activity.
- d. The school will not be allowed to host any play-off contests in that activity during the school year in which the violation occurred.
- e. The program will be placed on warning for a period of one year.

V. REGIONAL AND STATE TOURNAMENT REGULATIONS

A. Regional Tournament Regulations

- 1. All regional tournament entry forms and updated seeding information should be brought directly to the regional seeding meeting. Do not send seeding information to the OSSAA. Forms can be found on the Tennis page of ossaa.com.
- 2. Rule on position of players:
 - a) The #1 singles player must be better than the #2 singles player.
 - b) The #1 doubles team must be better than the #2 doubles team.
- 3. The regional tournament manager will conduct a seeding meeting the morning of the tournament. All players will be seeded at the Regional tournaments. The seeding meeting will be no earlier than 8:00 a.m. If there is no seeding information available or there are questionable lineups, entries will be subject to protest by participating coaches. Any protest will be decided by a majority vote of the participating coaches present at the seeding meeting.
- 4. The seeding information criteria to be used at each regional tournament seeding meeting will be as follows:
 - a) Direct wins will be the first criteria used. If there is an even split in direct matches, the most recent win will determine the seed. Defaults can be counted as a direct win or loss to that opponent during that match. If there is a default after that match is completed, it counts as a win to the next opponent on that day. Defaults cannot be used as an indirect or a comparative score.
 - b) Indirect wins will be the second criteria used.
 - c) Comparative scores will be the third criteria used. There must be a minimum of three games to consider. If two players have a common opponent and one or both have played a common opponent once and/or more than once, then the best result will be compared. Comparative wins and losses will be compared equally. A split set comparative loss is better than a two-set comparative loss even if fewer games are won in the split set loss. In comparative wins, a straight set win is better than a three-set win.
 - d) Competition (strength of opponent) may be considered when determining a seed but is not required.
 - e) In regional tournament play, if the criteria in a, b, c, and d does not decide the seed, the seed will be decided by a majority vote of the participating coaches present at the seeding meeting.
 - f) Pro sets will not be used for seeding purposes.
- 5. Regional Tournament Administration:
 - a) Players shall be dressed and ready for play at the designated times.
 - b) Players should be at the courts at all times unless excused by the tournament manager.
 - c) Scheduling will be at the discretion of the tournament manager.
 - d) United States Tennis Association rules will be used. Unless amended by the OTCA

- e) The tournament manager shall conduct the tournament in keeping with the Constitution and Rules of the OSSAA which may include disqualifying a player for unsportsmanlike conduct. Disqualification for unsportsmanlike conduct may occur either during a player's match or for behavior at the tournament site between matches.
- 6. Plan of Competition for Regional Tournaments:
 - a) The #1 singles players will compete in the #1 singles bracket.
 - b) The #2 singles players will compete in the #2 singles bracket.
 - c) The #1 doubles team will compete in the #1 doubles bracket.
 - d) The #2 doubles team will compete in the #2 doubles bracket.
 - e) If there is only one entry in singles or one doubles team, they must compete in the #1 bracket. **EXCEPTION:** If the regional is moved from the original date announced by the OSSAA due to weather or some other reason, then the one entry in singles or one doubles team that has been playing in the #2 bracket all year DOES NOT have to move up and compete in the #1 bracket. The coach **must** provide documentation at the regional seeding meeting that this singles player or doubles team has been playing at the #2 position for most or all of the year. The decision to allow this will be decided on by a majority vote of the coaches competing at that regional.
 - f) A #1 player shall not compete in a #2 position.
 - g) A player may be entered in either singles or doubles, but not in both.
 - h) A school may enter two singles players and alternates, and two doubles teams and alternates. Any player used in singles or doubles may not be used as an alternate.
 - i) In regional tournament play, all coaches of schools involved are to be notified by the tournament manager of the time and place of the drawing and seeding of the tournament bracket. The OSSAA will provide standard brackets that are to be used by the tournament manager.
 - j) In regional play on an eight-point bracket, four seeds will be placed on lines 1, 8, 4 and 5. The #1 seed on line one, the #2 seed on line eight, #3 seed on line 5, and the #4 seed on line four, and all other placements will be drawn at random, unless a majority vote is made by all coaches to seed all eight placements.
In regional play on a 16-point bracket, eight seeds will be placed on lines 1 through 16. The #1 on line 1, #2 on sixteen; #3 on line 9; #4 on line 8; #5 on line 5; #6 on line 12; #7 on line 13 and #8 on line 4. Byes are given to the #1 seed first, #2 seed second, etc. , All other placements will be drawn at random, unless a majority vote is made by all coaches to seed all eight placements.
 - k) For regional tournament play, coaches must designate their #1 singles, #2 singles, #1 doubles, and #2 doubles players on their OSSAA Regional Entry Form. Once designated, the players must remain in these positions for regional and state tournament play.
 - l) If a #1 player is injured or ill, a coach may move a #2 player into his/her position and use an alternate at the vacated #2 position. A #1 player can never be moved into a #2 position.
 - m) Any changes in a regional lineup due to injury or illness of a player must be made no later than ten minutes before the tournament starting time.
 - n) If a DOUBLES player qualifies for the state tournament and cannot participate, an alternate from the respective team's alternate list may be used. If there is no alternate listed or available, then the 5th place finisher(s) from the same regional tournament event will advance to the state tournament. If the 5th place finisher(s) is or are not available, then the 6th place finisher(s) from the same Regional Tournament will advance. If a SINGLES player qualifies for the state tournament and cannot participate, then the 5th place finisher from the same regional tournament event will advance to the state tournament. If the 5th place finisher is not available, then the 6th place finisher from the same Regional Tournament will advance. If the 5th or 6th place finisher is not available, then an alternate from the respective team's alternate list may be used.
 - o) A break may be given between sets and a 10-minute break may be given if split sets occur. Coaches may coach players anywhere on the court during the break between sets and the 90-second time allotted for changeover. A coach can also coach on any empty adjacent court. Coaches may also coach off-court between points without interrupting the flow of play. Play should be continuous.
 - p) All regional tournament competition will be played with a feed in consolation concept. There will be play for all eight positions on an eight-point bracket and twelve positions on a sixteen-point bracket.
 - q) Scoring on an eight-point bracket will be: 9, 7, 6, 5, 4, 3, 2, 1; and on a sixteen-point bracket it will be: 12, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1.
 - s) In the event of a tie for team finishers, co-champions or co-runners-up will be declared. A coin toss will determine which school will receive the appropriate trophy. OSSAA will send a trophy to the team not winning the coin toss. If a tie for first place occurs, there will be no runner-up team.
 - t) Each singles or doubles entry must furnish one can of new balls and give to the Tournament Director to distribute to the player(s). The loser will receive the used balls. The OSSAA will furnish Wilson US Open Heavy Duty balls for the state tournaments.
 - u) In all regional tournaments the super tie-breaker will be used on the back draw.

7. Awards

- a) A plaque will be awarded the first-place team.
- b) Individual medals will be awarded to the first five finishers in each event.

B. State Tournament Regulations

1. The top four finishers in each regional tournament event will qualify for the state tournament.
2. An open seeding meeting to establish state tournament brackets will be held the day before the state tournament. The Tennis Coaches' Advisory Committee will compile all won/lost record sheets prior to the seeding meeting and determine who the eight seeds should be. The Advisory Committee will have the predetermined list of the top 8 seeds to be discussed with those in attendance at the seeding meeting. This list may be changed if additional information is provided that the Advisory Committee did not have when compiling their original predetermined list. The Tennis Coaches' Advisory Committee will rule on any disputes that cannot be settled in the seeding meeting.

PROCEDURE FOR SEEDING THE STATE TOURNAMENT:

- A. The Advisory Committee will convene by classification and pre-seed the State tournament by position.
- B. If the Advisory Committee members do not agree on a seed during the pre-seeding meeting the Regional Assignment Committee members will be consulted.
- C. Seeds will be present at the open seeding meeting prior to the start of the tournament.
- D. If any of the criteria were misapplied or overlooked, a change can be made to the seeds.
- E. If the dispute cannot be settled by the three advisory members from the respective classification then the advisory members from one of the other classes will settle the dispute.
4. The seeding information criteria to be used at the state tournament seeding meeting will be the same criteria used during regional tournament competition.
5. The state tournament will be played with a feed in consolation concept. Points will be awarded for players placing first through eighth place. 1st - 9 pts; 2nd - 7 pts; 3rd - 6 pts; 4th - 5 pts; 5th - 4 pts; 6th - 3 pts; 7th - 2 pts; 8th - 1 pt.
6. In the event two or more schools tie for first and second place, there will be no tie breaker. If the tie is for first place, co-champions will be declared. A coin toss will determine which team receives the championship trophy. If the tie is for second place, co-runners-up will be declared. A coin toss will determine which school will receive the runner-up trophy. OSSAA will send a trophy to the team not winning the coin toss.
7. State Tournament Administration:
 - a) Players shall be dressed and ready for play at the designated time.
 - b) Players should be at the courts at all times unless excused by the tournament manager.
 - c) Scheduling will be at the discretion of the tournament manager.
 - d) United States Tennis Association rules will be used. The officials at the State Tournament will be roving umpires who will have jurisdiction over more than one court. The OSSAA Board of Directors has adopted a "No Protest" Policy. (VII)

The official will:

 - i. ensure the courts are ready to play
 - ii. enforce the warmup time
 - iii. enforce the OTCA Point Penalty System: warning, point, match
 - iv. resolve scoring disputes in this order: count all points agreed on by the players, resume play from a score mutually agreeable to the players, decide the score by a coin toss.
 - v. work with school administration and/or contest manager to control spectators
 - vi. enforce the USTA change over time regulations
 - viii. be visible
 - ix. foot faults will be called by an official only when the official is called to the court
 - xi. USTA Rules and Regulations for any procedures not mentioned above
- e) All matches shall be conducted in keeping with the Constitution and Rules of the OSSAA, which may include disqualifying a player for unsportsmanlike conduct. Disqualification for unsportsmanlike conduct may occur either during a player's match or for behavior at the tournament site between matches.
- f) Use of electronic devices during play is prohibited.
8. Plan of Competition for State Tournament

The same format used for regional tournament competition with the exception of seeding. Seeding will be done on a sixteen-point bracket, the super tie breaker will be used on the back draw.

Scoring on a sixteen-point bracket it will be: 12, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1.
9. Wilson US Open Heavy Duty Tennis balls will be provided by the OSSAA at the state tournament.

10. Roving umpires
 - a) The roving umpires will handle violations of the OSSAA coaching rule by giving a warning on the first violation, deducting a point on the second violation, and awarding a default on the third violation. During the state tournament, coaches are permitted
 - b) Roving umpires may make a ruling on any line call during a match when that umpire is on that particular court and only if that umpire is in direct observance of the line of the call in question, i.e., net post or baseline.
 - c) The roving umpires will penalize all acts of unsportsmanlike conduct.
11. Awards
 - a) Trophies and medals will be awarded to the runner-up and champion teams.
 - b) Individual medals will be awarded to the first five finishers in each event.

VI. SANCTIONING

All OSSAA meets and tournaments where three or more schools participate must be approved by the Board of Directors before member schools shall enter. An OSSAA Application for Athletic Event can be found on the OSSAA website (www.ossaa.com).

REGULAR SEASON RESULTS

During a regular season tournament, all participants should report the results to the Tournament Director. The host site is required to send a pdf of results to the OSSAA within 24 hours of the conclusion of the tournament or dual.

REGULAR SEASON INJURY DEFAULT

During the regular season, a player withdrawing from a match due to any injury default will forfeit all remaining matches.

POST SEASON INJURY DEFAULT

During the post season, a player withdrawing from a match due to any injury default will be permitted to participate if cleared by a medical professional. Any other default will result in the player forfeiting all remaining matches.

VII. REQUEST TO HOST REGIONAL TOURNAMENTS

- A. Request to host a regional tournament must be sent to the OSSAA office no later than **January 30, 2026**. The request should contain the following information:
 1. Tournament classifications and either boys, girls, or both.
 2. Number of courts to be used at tournament headquarters.
 3. Number of courts to be used at a site away from the headquarters, and the distance from the central site.
 4. Manager's experience in running invitational or OSSAA sponsored tournaments.
 5. Condition of courts including the availability of lighted courts.
 6. Any cost to the OSSAA needs to be stated in the request to host. If the host school is absorbing the cost this should be stated in the request as well.
 7. Manager requesting to host must provide email and cell phone contact information.

VIII. COACHING

- A. Coaching is permitted by the head coach, assistant coach or adjunct coach. Coaches may coach from anywhere on the courts during a changeover. During the State Tournament, Coaching passes must be worn and visible at all times. At the State Tournament, Coaching credentials distributed to non-school personnel will result in the coach and non-coach being removed from the facility.
 - a. Coaches should be paid employees of the school they are coaching.
 - b. Coaches are not permitted to coach another school.
 - c. Any violations to this rule, coaches will be subject to removal from the state tournament.
- B. A break may be given between sets and a 10-minute break may be given if split sets occur. Coaches may coach from anywhere on the courts during the break between sets and the 90-second time allotted for changeover. A coach can also coach on any empty adjacent court. If coaching from an adjacent court, the coach may stand no closer than the doubles sideline on the same side as the player. After the 1st game there is no time allotted during the changeover. Coaches may also coach off-court between points without interrupting the flow of play. Play should be continuous. A 10-minute break may be given if split sets occur.

IX. PUBLIC CRITICISM OF CONTEST OFFICIALS AND SCHOOL REPRESENTATIVES

Any school representative who publicly criticizes a contest official, or members of the OSSAA Staff or Board of Directors and any contest official who publicly criticizes a school representative, or members of the OSSAA Staff or Board of Directors in

connection with a contest, meet, or tournament is subject to sanctions. The member school represented by an individual who publicly criticizes a contest official may also be subject to sanctions if the school fails to take appropriate action in response to the school representative's public criticism of the contest official. The sanctions could include warning or suspension.

Public criticism includes, but is not limited to, comments made to the media or during a broadcasted event, and comments made in a public forum.

X. NOT HONORING A PROTEST (Board Policy VII)

OSSAA will not consider requests to overturn the determinations of game/contest officials in interpreting or enforcing rules at games or contests. In agreeing to participate in a game or contest, a member school, and the individual participants and the coaches or sponsors representing that member school, accept the risk that game/contest officials may make errors in interpreting or enforcing rules at games of contests. Any errors by game/contest officials should be raised with those officials, in a respectful manner, and in accordance with the rules established for that particular activity. The decisions of the game/contest officials are accepted as final.

An exception to this Policy may be granted if in the case of an ejection of a participant from a contest, the game/contest official misidentifies the individual who should have been ejected. The request to review the misidentified player must be submitted to the OSSAA in writing.

XI. DRESS CODE

Only team uniforms are permitted. Participants may wear a team warm-up when not participating in a match.

XII. ACADEMIC ACHIEVEMENT AWARDS

A. General Regulations

1. Teams must meet all qualifications required of the respective activity in order to qualify.
2. Entries received after the entry deadline will not be considered. Incorrect information submitted on the entry form will also void the entry. Please report any corrections or changes on your academic application to the OSSAA office. The OSSAA will confirm finalists for the state championship award.
3. The academic GPA will be based on a 4-point system and computed to the nearest thousandth percentile: A = 4; B = 3.000; C = 2.000; D = 1.000. If you have a weighted grading system, it must be converted to a 4-point system in computing the team GPA.
4. All classes that count toward graduation shall be used in determining each individual student's GPA.
5. Teams will be eligible to receive one award each year in each activity. The award will be for the highest level of achievement.

B. Three levels of competition for academic awards

1. Academic Achievement Certificate: Teams must have a minimum 3.25 GPA and rank in the upper 1/3 of their classification to qualify.
2. Distinguished Academic Plaque: Teams must have a minimum 3.50 GPA and rank in the upper 10% of their classification.
3. State Academic Champion: The highest girls' team GPA and the highest boys' team GPA will be declared the state academic champion from their respective class of competition.

C. Team Qualifications:

1. Tennis - The roster of academic achievement participants will consist of the six team members competing in regional tournament competition. Six participants will be the minimum number in order to enter the academic competition. The GPA shall be based on the grades from the preceding semester. (Non-traditional semester: An approximate 18-week grading period used to divide the school year in half.) **Academic Achievement for girls must be received by May 4, and boys must be received by May 11.**
2. The Application for Academic Achievement Award can be found on the Tennis page of OSSAA.com.

XIII. COACHES ETHICS AND PROFESSIONAL STANDARDS

- A. Exemplify the highest moral character, behavior, and leadership.
- B. Respect the integrity and personality of the individual athlete.
- C. Abide by the rules of the game in letter and in spirit, regardless of the consequences.
- D. Respect the integrity and judgment of sports officials, never baiting or taunting officials in any way, nor seeking out an official during half time or at the conclusion of a contest.
- E. Demonstrate a mastery of, and continuing interest in, coaching principles and techniques through professional improvement.
- F. Encourage and respect for all athletes and their values.
- G. Display modesty in victory and graciousness in defeat.

- H. Promote ethical relations among coaches.
- I. Fulfill responsibilities to provide emergency health procedures and ensure an environment free of obvious safety hazards.
- J. Encourage the highest standards of conduct and scholastic achievement among all athletes.
- K. Seek to inculcate good health habits, including the establishment of sound training rules.
- L. Strive to develop in each athlete the qualities of leadership, initiative, and good judgment.
- M. Achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
- N. Any time a coach who does not hold a valid Oklahoma teaching certificate (lay or volunteer coach) is ejected from a contest for unsportsmanlike conduct, including but not limited to arguing a call, language or gestures directed toward a game official, he or she will be required to complete the NFHS Teaching and Modeling Behavior course within seven (7) days of the ejection, the course can be found at NFHSLearn.com. Additionally, personnel not holding a valid Oklahoma teaching certificate must meet with a representative of the OSSAA prior to being reinstated to coach the school team. A school administrator will also be required to attend the meeting.

XIV. COMMUNICABLE DISEASES

The proper handling of body fluid spills should be a concern of teachers, coaches, officials and student-athletes. All concerned individuals must be aware that any time there is blood and/or other body fluids present, there is the possibility of an infectious disease being transmitted. However, this possibility can be reduced if precautions are observed. A complete list of protocols and procedures can be found on the Sports Medicine link of OSSAA.com.

XV. EMERGENCY ACTION PLAN

Any time a member school is hosting a planned activity at a school facility there must be an Emergency Action Plan in place. The plan must be shared with any visiting school. An Emergency Action Plan, or EAP, is a formal written plan, developed by the host site, that identifies potential emergency conditions at the event site and prescribes the procedures to be followed to minimize or prevent loss of life and property.

XVI. NOISE MAKERS

For indoor activities: Any type of device that plays music, sounds, or voices, and noise makers of any kind such as air horns, cow bells, etc. will not be allowed to function/operate. This will also apply to pre-game/contest and post-game contest activities. This rule applies to both regular and post-season games/contests.

For outdoor activities: Noise makers are allowed at outdoor activities unless they interrupt the normal game/contest procedure of announcers, bands, cheer squads, drill teams or any other game/contest related activities. The game officials have the authority to stop the use of any noisemakers or disruptions that interrupt the normal game/contest procedures. This rule applies to both regular and post-season games or contests.

XVII. HAZING

Hazing incidents have no place in the activity programs of our member schools. The OSSAA encourages each member school to develop procedures to inform their students that this type of behavior is not acceptable and should not be tolerated.

XVIII. TAUNTING

Any form of taunting which is intended or designed to anger, bait, embarrass, ridicule, or demean others is subject to penalty.

XIX. OFF SEASON TRY-OUTS

Only students attending school in the district for which the try-out is held may be permitted to participate in a try-out. Try-outs should only be conducted for the purpose of the selection of a school team and may not be used for practice time. Each day of the try-out may be up to 2 hours in length. No off-season try-out will be allowed for more than three days, and all sessions of the try-out must conclude by 9 p.m. A record of all try-outs should be kept on file at the member school detailing the dates, times, and grade level of all participants in the tryout. The OSSAA reserves the right to request these records from a member school. Exception: Spirit may conduct a clinic of no more than 4 days, each day of the try-out clinic may be up to two hours in length. All students participating in the tryout must be attending school in the district for which the try-out is being held.

SUMMERTIME DEAD PERIOD

The dead period will occur during the week in July that includes the 4th of July each year. The dead period will be nine (9) days in length and begin the weekend preceding the 4th of July and the weekend following the 4th of July.

Secondary-level students enrolled or pre-enrolled at a member school may not use any member school's athletic facilities during the dead period in connection with any athletic activity governed by the OSSAA. Member school coaches, assistant

coaches and sponsors may not have any contact with secondary-level enrolled or pre-enrolled students in that member school in any athletic activity governed by the OSSAA for the purpose of coaching, training, or instructing.

Summertime policies, including beginning and end of season restrictions, can be found in OSSAA Board Policy XI in the Administrator's Handbook.

Violations of the summertime dead period policy will result in the coach or sponsor being suspended from the first half of the regular season in that athletic activity. School personnel not designated as a coach or sponsor in violation of the summertime dead period policy will result in the head coach being suspended from the first half of the regular season in that activity.

SUMMERTIME DEAD PERIOD QUESTIONS AND ANSWERS

1. How do I know when the dead period begins and ends each year?
Answer: The dead period will be nine (9) days in length and begin the weekend preceding or including the 4th of July and the weekend following the 4th of July.
2. Does the Summertime Dead Period Policy cover non-athletic activities?
Answer: No, the Summertime Dead Period Policy only applies to athletic activities that are governed by the OSSAA.
3. Can a coach and a player have any contact during the Summertime Dead Period?
Answer: No, contact between coaches, assistant coaches and sponsors with enrolled or pre-enrolled students for the purpose of coaching, teaching, training, or instructing is prohibited.
4. Can a student participate without the member school coach at member school facilities in an athletic activity during the Summertime Dead Period?
Answer: No, school athletic facilities may not be used by enrolled or pre-enrolled students during the dead period in connection with any athletic activity governed by the OSSAA.
5. Can a member school coach use member school facilities to train, coach or instruct secondary-level students during the Dead Period?
Answer: No, the policy prohibits the use of member school facilities during the Dead Period for the purpose of coaching, teaching, training, or instructing. Field maintenance is not prohibited by the policy.
6. Does the Summertime Dead Period Policy prohibit participation in a National level tournament during the dead period?
Answer: No, the coach and any enrolled or pre-enrolled students who have qualified earlier in the summer for a national level tournament may participate in that tournament.

XX. 2025 STATE TENNIS PLACEMENTS CLASS 6A

GIRLS #1 SINGLES

State Champion	Hailey Hibbets
2nd Place	Abby Shelley
3rd Place	London Walker
4th Place	Caelie Cox
5th Place	Miranda Huang
6th Place	Laila Wong
7th Place	Kathy Liu
8th Place	Kaylin Chen

Enid
Bartlesville
Broken Arrow
Bixby
Norman North
Bishop Kelley
Stillwater
Jenks

BOYS #1 SINGLES

State Champion	Luke Bishop
2nd Place	Krishna Bhadriraju
3rd Place	Adolfo Andrade
4th Place	Evan Boyer
5th Place	Owen May
6th Place	Reeve Corbin
7th Place	Hayden Webster
8th Place	Keon Azadi

Edmond Memorial
Jenks
Union
Westmoore
Bartlesville
Yukon
Choctaw
Norman

GIRLS #2 SINGLES

State Champion	Allie Dolezal
2nd Place	Maggie Norwood
3rd Place	Ava Slater
4th Place	Ava Kelley
5th Place	Lindee Rex
6th Place	Faith Chernisky
7th Place	Caterina Ongari
8th Place	Kennedy Orr

Edmond Memorial
Stillwater
Bixby
Bartlesville
Norman North
Bishop Kelley
Broken Arrow
Edmond North

BOYS #2 SINGLES

State Champion	Eli Lemley
2nd Place	Jack Franklin
3rd Place	Tej Beniwal
4th Place	Kale Heffrey
5th Place	Jesse McKee
6th Place	Pierce Durbin
7th Place	Carter Mathis
8th Place	Ardham Dehya

Edmond Memorial
Edmond North
Jenks
Norman North
Stillwater
Broken Arrow
Choctaw
Union

GIRLS #1 DOUBLES

State Champion	Krise/Ruff
2nd Place	Gilleland/Quick
3rd Place	Hesson/Jacobson
4th Place	Ankrom/Blackwell
5th Place	Johnson/Ngyuen
6th Place	Alexander/Tempest
7th Place	Harris/ Ochs
8th Place	Davis/Haddock

Edmond Memorial
Bixby
Jenks
Yukon
Stillwater
Southmoore
Union
Deer Creek
Jenks

BOYS #1 DOUBLES

State Champion	Bailey/S Morrison
2nd Place	Prather/Wong
3rd Place	Hague/Mora
4th Place	Coats/Palmer
5th Place	Grotts/Russell
6th Place	Dosev/Irwin
7th Place	Le/Salas
8th Place	Hua/Rice

Edmond Memorial
Bishop Kelley
Edmond North
Yukon
Bixby
Stillwater
Mustang
Broken Arrow

GIRLS #2 DOUBLES

State Champion	Hall/Sutton
2nd Place	Dehya/Ramasamy
3rd Place	Haller/Munson
4th Place	Hay/Yoas
5th Place	Gerkin/Miller
6th Place	Aushwitz/Craig
7th Place	Calderwood/Greer
8th Place	Evans/Parises

Stillwater
Union
Edmond Memorial
Bixby
Bishop Kelley
Bartlesville
Westmoore
Deer Creek

BOYS #2 DOUBLES

State Champion	Bowling/D. Morrison
2nd Place	Richmond/Whitney
3rd Place	Seba/Turvey
4th Place	Owens/Stone
5th Place	Cowen/Cumpton
6th Place	Harris/Van
7th Place	Hollenbeck/Hollenbeck
8th Place	Harrison/Schissel

Edmond Memorial
Bixby
Edmond North
Muskogee
Edmond Santa Fe
Mustang
Choctaw
Jenks

6A GIRLS ORDER OF FINISH - TEAM POINTS

1.	Edmond Memorial	24
2.	Bixby	23
2.	Stillwater	23
4.	Bartlesville	15
5.	Bishop Kelley	10
5.	Union	10
7.	Enid	9
8.	Broken Arrow	8
8.	Norman North	8
10.	Yukon	6
11.	Southmoore	4
12.	Deer Creek	3
13.	Jenks	2
13.	Westmoore	2
15.	Edmond North	1

6A BOYS ORDER OF FINISH - TEAM POINTS

1.	Edmond Memorial	36
2.	Edmond North	19
3.	Jenks	14
4.	Bixby	11
5.	Yukon	8
6.	Union	7
6.	Stillwater	7
6.	Bishop Kelley	7
9.	Choctaw	6
10.	Westmoore	5
10.	Norman North	5
10.	Mustang	5
10.	Muskogee	5
14.	Bartlesville	4
14.	Broken Arrow	4
14..	Edmond Santa Fe	4
17.	Norman	1

XXI. 2025 STATE TENNIS PLACEMENTS CLASS 5A

GIRLS #1 SINGLES

State Champion	Jasmine Crain	Heritage Hall
2nd Place	Aspen Irwin	Cascia Hall
3rd Place	Sophia Gillett	Holland Hall
4th Place	Maya Barki	BT Washington
5th Place	Brityn Waller	Christian Heritage
6th Place	Madilyn Whittaker	Altus
7th Place	Reagan Miller	Ok Bible Academy
8th Place	Tiana Braxton	Duncan

GIRLS #2 SINGLES

State Champion	Ellie Nasr	Heritage Hall
2nd Place	Sophie Lauinger	Cascia Hall
3rd Place	Sophia Garber	BT Washington
4th Place	Paige Griffith	Bishop McGuinness
5th Place	Lily Koontz	Holland Hall
6th Place	Ella Sorrells	Durant
7th Place	Georgia Moshier	Carl Albert
8th Place	Maddie Edwards	Ok Bible Academy

GIRLS #1 DOUBLES

State Champion	Bradford/Henderson	Heritage Hall
2nd Place	Seigfried/Tuttle	Cascia Hall
3rd Place	A Bullard/Nuthman	Christian Heritage
4th Place	Confer/Parducci	Holland Hall
5th Place	Mitchell/Tobin	Guthrie
6th Place	Bryant/Rusche	Carl Albert
7th Place	Howard/Thiebaud	Duncan
8th Place	Farris/Shears	BT Washington

GIRLS #2 DOUBLES

State Champion	Butler/Liles	Cascia Hall
2nd Place	Shouse/Trice	Heritage Hall
3rd Place	Bull/Williams	Altus
4th Place	Woodard/Lee	Holland Hall
5th Place	Brewer/Bullard	Christian Heritage
6th Place	Bowen/Miller	Duncan
7th Place	Hudon/Mitchell	Guthrie
8th Place	Crain/Mohne	Edison Prep

BOYS #1 SINGLES

State Champion	TJ Shanahan	Bishop McGuinness
2nd Place	Owen Fellrath	Heritage Hall
3rd Place	Benjamin Kendrick	Cascia Hall
4th Place	Ben Van Landingham	Crossings
5th Place	Logan Mahan	Holland Hall
6th Place	Ian Wu	Classen SAS
7th Place	Carter Reese	Carl Albert
8th Place	Quinn Steenson	Riverfield

BOYS #2 SINGLES

State Champion	Graham Link	Crossings
2nd Place	Gavin Cobble	Duncan
3rd Place	Caleb Walton	Cascia Hall
4th Place	Noah Dell'Oso	Bishop McGuinness
5th Place	Cole Patterson	Riverfield
6th Place	Eli Mooney	Classen SAS
7th Place	Ben Forbes	Claremore
8th Place	Lucas Carpenter	Durant

BOYS #1 DOUBLES

State Champion	Dillon/Shapard	Crossings
2nd Place	Amaya/Dell-Oss0	Bishop McGuinness
3rd Place	Stallings/Warren	Cascia Hall
4th Place	Crimmins/Davis	Duncan
5th Place	Mayer/Olmstead	Guthrie
6th Place	Fouquette/Sparks	Carl Albert
7th Place	Harrison/Martin	Pryor
8th Place	Henry/Vaidya	Holland Hall

BOYS #2 DOUBLES

State Champion	Hays/Lau	Crossings
2nd Place	Farley/Rogers	Carl Albert
3rd Place	Churchman/McFtridge	Duncan
4th Place	McCoy/Rogers	Cascia Hall
5th Place	Dickerson/Vann	Bishop McGuinness
6th Place	Burrow/Jones	Altus
7th Place	Bucholtz/Liu	Holland Hall
8th Place	Smith/Wadley	Heritage Hall

5A GIRLS ORDER OF FINISH - TEAM POINTS

1.	Heritage Hall	34
2.	Cascia Hall	30
3.	Holland Hall	20
4.	Christian Heritage	14
5.	BT Washington	12
6.	Altus	9
7.	Duncan	6
7.	Guthrie	6
9.	Bishop McGuinness	5
9.	Carl Albert	5
11.	Ok Bible Academy	3
11.	Durant	3
13.	Edison Prep	1

5A BOYS ORDER OF FINISH - TEAM POINTS

1.	Crossings Christian	32
2.	Bishop McGuinness	25
3.	Cascia Hall	23
4.	Duncan	18
5.	Carl Albert	12
6.	Heritage Hall	8
7.	Holland Hall	7
8.	Classen SAS	6
9.	Riverfield	5
10.	Guthrie	4
11.	Altus	3
12.	Claremore	2
12.	Pryor	2
14.	Durant	1

XXII. 2025 STATE TENNIS PLACEMENTS CLASS 4A

GIRLS #1 SINGLES

State Champion	Lily Clark	Riverfield
2nd Place	Audrey Crooks	OK Christian School
3rd Place	Macy Hays	Crossings Christian
4th Place	Abbi Dodge	Henryetta
5th Place	Mackinley Brewer	Elk City
6th Place	Bailey Washburn	Casady
7th Place	Lucia Markey	Harding Charter
8th Place	Emily Holloway	Byng

GIRLS #2 SINGLES

State Champion	Lily Ross	Casady
2nd Place	Zoe Jackson	Riverfield
3rd Place	Connie Dong	Henryetta
4th Place	Baylee Boatwright	Ada
5th Place	Frannie Rollandini	Lincoln Christian
6th Place	Lily Cadenhead	Byng
7th Place	Mayecee Landwehr	Chisholm
8th Place	Allison Brown	Metro Christian

GIRLS #1 DOUBLES

State Champion	Bolin/Brown	Ada
2nd Place	Boatright/Cole	Byng
3rd Place	Meyers/Thoma	Tecumseh
4th Place	Sachley/Walia	Casady
5th Place	Condict/Holladay	Wagoner
6th Place	Moore/Smith	Riverfield
7th Place	B Bailey/C Bailey	Henryetta
8th Place	Plowman/Smith	Rejoice

GIRLS #2 DOUBLES

State Champion	Cook/O'Neal	Ada
2nd Place	Garabelli/Sill	Casady
3rd Place	Lovelace/Minihan	Crossings
4th Place	Diaz/Kiker	Riverfield
5th Place	Castagna/Jones	Lincoln Christian
6th Place	Nokes/Sollberger	Regent
7th Place	Armendariz/Taylor	Pauls Valley
8th Place	Macaluso/Wolfe	Henryetta

BOYS #1 SINGLES

State Champion	Max Beard	Regent
2nd Place	Quinn Brewer	Elk City
3rd Place	Trendon Ayers	OK Christian School
4th Place	Chad Waller	Christian Heritage
5th Place	Hayden Shriner	Casady
6th Place	William Berry	Douglass
7th Place	Easton Atiya	Seminole
8th Place	Gus Byrd	Ada

BOYS #2 SINGLES

State Champion	Bo Bayless	Regent
2nd Place	Ashton Hayes	Metro Christian
3rd Place	Ali Rizvi	Casady
4th Place	Greyson Snyder	Seminole
5th Place	Max Murray	Elk City
6th Place	Dash Garber	Christian Heritage
7th Place	Micah Wagner	Lincoln Christian
8th Place	Leyton Jacobs	Ada

BOYS #1 DOUBLES

State Champion	Dennis/Ware	Byng
2nd Place	S. Brewer/Welch	Elk City
3rd Place	Green/Reyes	Pauls Valley
4th Place	Anderson/Moon	Ada
5th Place	McFarland/Perez	Wagoner
6th Place	Hardy/McCann	Metro Christian
7th Place	Hampton/Tyler	Lincoln Christian
8th Place	Corbin/Morris	The Academy

BOYS #2 DOUBLES

State Champion	Burns/Whiteside	Metro Christian
2nd Place	Cody/Thomas	Ada
3rd Place	Coslow/Duncan	Elk City
4th Place	Johnstone/Singh	Casady
5th Place	Villeneuve/Medina	Pauls Valley
6th Place	Milligan/Phelan	Lincoln Christian
7th Place	Alexander//Karleskint	Grove
8th Place	Ballard/Lee	Byng

4A GIRLS ORDER OF FINISH - TEAM POINTS

1.	Riverfield	24
1.	Casady	24
1.	Ada	24
4.	Henryetta	13
5.	Byng	11
6.	Lincoln Christian	8
7.	OK Christian School	7
8.	Crossings Christian	6
8.	Tecumseh	6
10.	Elk City	4
10.	Wagoner	4
12.	Regent Prep	3
13.	Harding Charter	2
13.	Chisholm	2
13.	Pauls Valley	2
16.	Metro Christian	1

4A BOYS ORDER OF FINISH - TEAM POINTS

1.	Elk City	24
2.	Metro Christian	19
3.	Regent Prep	18
4.	Casady	15
5.	Ada	14
6.	Byng	10
6.	Pauls Valley	10
8.	Christian Heritage	8
9.	Seminole	7
9.	Lincoln Christian	7
11.	OK Christian School	6
12.	Wagoner	4
13.	Douglass	3
14.	Grove	2
15.	The Academy	1

SPORTS NUTRITION GAME PLAN

The **Sports Nutrition Game Plan** is a premier sports nutrition program. If you are looking to take your game to the next level, this free digital program provides:

- Sharable and printable educational content (to be used by teams, coaches, and parents)
- Videos (all-inclusive of nutrition, sports nutrition, and cooking demos)
- Meal plans, various types of snack lists, and fueling schedules for all seasons
- Social media - SportsYou (Access Code: UFES-7BR9)
- Short sports nutrition tips for coaches to send to athletes
- Team challenges

Each component of the program is crafted to educate athletes, coaches, trainers, and parents on proper nutrition principles, sports nutrition, and how beef plays a role in fueling training, performance and recovery.



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