



OKLAHOMA SECONDARY SCHOOL ACTIVITIES ASSOCIATION

DAVID JACKSON, EXECUTIVE DIRECTOR

TRINITY JOHNSON, ASSOCIATE DIRECTOR

Assistants : Grant Gower - Mike Clark - Alex Claussen - Brian Lester - Wes Ruth - Lenny Hatchett



TO: Wrestling Coaches
FROM: Wes Ruth, Assistant
RE: 2026 Dual State Tournament Information
DATE: December 18, 2025

The Dual Team State Wrestling Tournament will be held on **February 14, 2026**.

The Dual Team State Wrestling Tournament will be a one-day format for All Classes at The UMAC on the campus of Tulsa Union HS.

Session 1:

The Quarter-finals will be wrestled on 8 mats

3A & 4A Quarter-finals at 10:00 a.m.

5A & 6A Quarter-finals at 12:00 p.m.

The Semi-finals will be wrestled on 8 mats

All Classes Semi-finals at 2:00 p.m.

CLEAR GYM

Session II:

The finals will be wrestled on 4 mats

All Classes Finals at 6:30 p.m.

Gates will open @ 9:00 a.m. and 5:30 p.m.

In keeping with the National Federation Rule 1-1-2, the OSSAA conducted a random draw in our office to determine the order of weight classes at the Dual State Wrestling Tournament. All Quarter-finals will begin at **157** pounds. All Semi-finals will begin at **165** pounds. All finals will begin at **175**.

Only one official per mat will be used for the quarterfinal and either one or two officials will be used for the semifinal rounds. Two officials per mat will be used for the championship finals. Officials will be selected by the OSSAA.

WEIGH-IN

There will be one weigh-in for the Dual State Championships.

Saturday February 14, 2026:

3A/4A - 10:00 a.m. duals weigh-in at 8:30 a.m.

5A/6A - 12:00 p.m. duals weigh-in at 10:30 a.m.

All participants must weigh-in at the designated time for their dual.

The mat officials assigned by the OSSAA will not conduct the weigh-ins. Weight allowance to be determined.

Brackets for the 2026 Dual State Championships will be released Friday, February 6th on the OSSAA website (www.ossaa.com). Dual state seeding will use the below listed criteria and conduct a Zoom seeding meeting for each class.

The meeting will be conducted by OSSAA Asst. Director in charge of Wrestling.

The head coach (or one coach as representative) of each qualifying team shall be present. These meetings shall take place on Thursday, February 5th or Friday, February 6th times TBD.

The seeding criteria for the Dual State Wrestling Championships will be as follows:

- a. Head to Head Competition. (Teams that have tied during the regular season will use the tie breaker criteria. If two teams have evenly split wins (one-one, two-two, etc.) during the season, the last match wrestled will count towards a team's won-loss record.)
- b. Record against common opponent.
- c. OSSAA Rankings.
- d. Tournament placings at the same tournament after January 1st.
- e. Coaches/OSSAA committee.
- f. Dual state seeding will use the above listed criteria and conduct a zoom seeding meeting for each class. The meeting will be conducted by OSSAA asst. Director in charge of Wrestling. The head coach (or one coach as representative) of each qualifying team shall be present. These meetings shall take place on Thursday, February 5th or Friday February 6th, Times TBD.

The bracket for each class of the Dual State Championship will be bracketed as follows:

- a. The winners of districts 1, 2, 3, 4, 5, 6, 7, and 8 will be seeded.
- b. Seeds will be placed on the bracket as follows:
- c. #1 - #8; #5 - #4 (top of bracket)
- d. #3 - #6; #7 - #2 (bottom of bracket)

Teams that have qualified for the Dual State Wrestling Championships shall complete the enclosed **seeding information form** and email it to wruth@ossaa.com by February 4, 2026.

Lineups should be entered on Trackwrestling 1 hour before weigh-in time.

Teams may weigh in a maximum of 25 wrestlers for the Dual State Championship.

Dual State is a post-season state championship event and the weight certification rule will be in effect which states, "Once you certify your minimum weight, you can only weigh-in one weight class above your minimum weight and still keep that minimum weight. A wrestler who weighs in at any time more than one weight class above his/her minimum weight, his/her minimum weight will move up accordingly."

During the dual state tournament, the on-site tournament physician will be responsible for examining contestants and will have the final authority in determining an individual's participation.

A maximum of two sponsors and a maximum of twelve cheerleaders and mat maids combined will be admitted free to dual state, regionals, and the individual state tournament. No exceptions.

Teams must submit their Alpha Master List to the tournament director prior to their first weigh-in on Friday.

DUAL STATE SEEDING INFORMATION FORM

Name of school: _____ Class: _____

Principal's Signature: _____ Coach's Signature: _____

Complete the information **accurately** below and email wruth@ossaa.com by
February 4, 2026.

- I. List all of your dual meet opponents (including dual tournaments) and dual meet scores with your team score listed first.

Opponent	Score	Opponent	Score
1. _____	_____	11. _____	_____
2. _____	_____	12. _____	_____
3. _____	_____	13. _____	_____
4. _____	_____	14. _____	_____
5. _____	_____	15. _____	_____
6. _____	_____	16. _____	_____
7. _____	_____	17. _____	_____
8. _____	_____	18. _____	_____
9. _____	_____	19. _____	_____
10. _____	_____	20. _____	_____

TEAM RECORD _____

- II. List all tournaments you have attended after January 1, 2026.

Name of Tournament	Place
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____

III.

- III. List all remaining duals that you have on your schedule after February 4, 2026, and the date you will wrestle them.

1. _____
2. _____
3. _____
4. _____
5. _____

This form must be received at the OSSAA office by February 4, 2026.