BOYS JUNIOR HIGH/MIDDLE SCHOOL DUAL MEET WEIGH-IN SHEET

(Please copy and give to your junior high wrestling coach)

This document shall be completed at the weigh-ins and located at the head table prior to the beginning of the match.

HOST SCHOOL _____ VISITING SCHOOL _____

LEVEL OF COMPETITION _____ DATE _____

HOST SCHOOL	ACTUAL WEIGHT	WEIGHT CLASS	VISITING SCHOOL	ACTUAL WEIGHT
		80		
		86		
		92		
		98		
		106		
		112		
		119		
		126		
		132		
		140		
		155		
		170		
		195		
		285		

HOST SCHOOL COACH'S SIGNATURE: _____

VISITING SCHOOL COACH'S SIGNATURE: _____

SIGNATURE OF PERSON CONDUCTING WEIGH-IN: _____